



Capitol Clubhouse Winter Newsletter 2022

37 Stone Street
Augusta Maine

Two-Week Colleague Training at Genesis Clubhouse in Worcester, Massachusetts!

Clubhouse International coordinates effective and time-tested training programs through 12 International Training Center Clubhouses. Clubhouse training brings staff and people with real-life experience of mental illness together in a full-immersion program to learn all aspects of Clubhouse operations. The goal is to promote the growth and development of the Accredited Clubhouse model worldwide through comprehensive training sessions that focus on vital aspects of the Clubhouse model.



I am so grateful for my colleague training experience at Genesis Clubhouse in Worcester Massachusetts! My first day there was intentionally designed so that I would feel like a new member walking into a Clubhouse. I found the entire Clubhouse staff and its members to be welcoming and helpful. They made me feel like I belonged there. My experience at the guesthouse was remarkable. I really learned a lot as we sat together as a group discussing workbook questions and how things work in each different Clubhouse. (There were three representing Clubhouses) The relationships that were developed during this training are lifelong. I found this training to be beneficial and will help me support our Clubhouse members. –Brenda

I recently completed my two week colleague training at Genesis Clubhouse where I had the amazing opportunity to become involved in another clubhouse and learn why our work ordered days are the way they are and what wanted, needed, expected and belonging meant. I got to watch an actual meeting go through the process of consensus with everyone's Involvement. I also saw how deeply invested the members were in the clubhouse and the work they performed daily. To be a part of the clubhouse community on such a large scale is an unbelievable feeling. From this experience I feel that I have had such amazing growth personally and professionally. I'm grateful to have had this opportunity. –Wanda



Colleagues from Capitol Clubhouse, High Hopes Clubhouse and Circle City Clubhouse (Indianapolis, Indiana) at Genesis Clubhouse in Worcester, Mass.

Employment News



Ed and Christian having a VR Meeting.

Vocational Rehabilitation

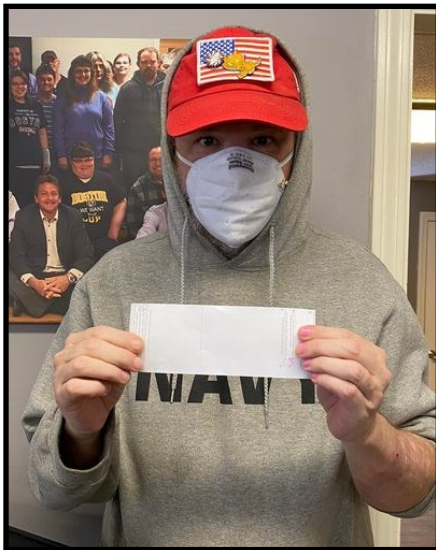
Christian Carson is our VR counselor
He is live and in person at the Clubhouse on
Thursdays from 11am - 3pm.

Please see the CDU if you would like
VR services.

Members in TE:

Quinn Murray	Kathy Lunt
Amy Searles	Jacob Bourque
Kelsey Currier	Tim Peterson
Eric Peabody	Brandi Hujara
Melanie Scott	Sirena Wright
Andrew Gray	Tony Vasquez
Nathan Fitts	Josie Pruett
Bob Hubble	Jason Murphy
Alexander Tims	Jim Belanger
Faith Harrison	Jay Ellis
Scot Godbout	

Stay Tuned...We have more employment opportunities in the works!!



Daniel with his first paycheck!



Tim and Deloss both started working this quarter after nearly two decades!



Education

The Clubhouse offers support, encouragement and recognition for educational efforts and achievements. This includes a wide variety of in-house supports and services and networking with community educational services.

Education Breakfast

**First Friday of
every month
8am -9 am.**



This quarter we have some colleagues pursuing education in many ways. Kitty is doing a certificate program at adult education. Tony is going to be a first year at KVCC. Mel is exploring which school she would like to apply to for human services focusing on recovery. Nelson, Judy, Marissa, Nikki and Katie are at Adult Ed doing a variety of classes. Quinn has started a class at UMA. Sirena W. Has jumped levels in math and reading.

Amanda F has begun an ASL study group. Barbara G also known as Sunshine has faithfully attended the Driver's Ed study group and is looking forward to getting her permit. Tim P has applied to KVCC for the fall semester. Rachael H. will be doing astronomy with fellow colleagues. Ice is teaching his native language of Arabic to fellow colleagues. Amy K. is actively doing her masters degree.

Nikki Vachon from Fame has met with some of our colleagues about financial aid. She is a big help. Carol Starr from Brain Injury Voices came to January's Education Breakfast. She is an advocate and survivor of brain injury who wrote a book.

Members in Education

Jacob Edgar- Unity College
Kristin Roy -Adult Ed
Nicole D.-Adult Ed
Tim Peterson- KVCC
Amy Searles – Adult Ed
Crystal Cherry – Adult Ed
Sirena Wright –LVA
Ashlee Lord – KVCC
Marissa Parker – Math Ed
Melanie Scott – Peer Support
Julia Ellis – Adult Ed
Ruth Cohen – Computer Ed
Elizabeth Wing – KVCC
Jim Belanger – UMA
David Rand – Adult Ed
Nelson P.– Adult Ed.
Angela Warner – Adult Ed
Joan Kelly – UMA
Josie Pruett – Adult Ed
Sam Nowlin– UMA
Julie Hobson – Wrap Ed



Ice's Arabic 101 Workshop

Education Workshop

**Monday: Driver's Education
1:15pm**

**Wednesday: CDU
workshop planning**

Thursday: ASL 1:15pm

**Friday: Computer Skills
1:00pm**

Member Tutors

Kevin Bush: Public Speaking & Math

Nicole Deschamps: Excel

Jason Murphy: Computer 101

Melanie Scott: Math & Reading

Chris Lord: Maintenance and Safety

Tim Peterson: Culinary Arts

Please let us know if you would like to be a tutor!

Food Services



Jadon helping with the AFB delivery!



The Augusta Food Bank graciously donates food to the Clubhouse every Wednesday. Stop by at 1:30pm if you have a need!



Jim and Chris working on a video in Media.



Lenny and Molly prepping Lunch.

The Food Service unit is a great place to spend your time during the work ordered day. Clubhouse members have really taught me a lot, I have learned many new recipes, how to chop different vegetables and food safety information. Although you may think in the food service unit you are just prepping and cooking lunch. That is totally wrong! There are many different tasks that make up the food service unit. Like organizing food donations, searching for new recipes, serving coffee and snacks in the Café, working on cleaning tasks, recording videos and taking pictures for media, working on your money handling skills in the bank and many more! Come give it a chance and see everything food services has to offer. - Molly



Wanda and Danielle battle it out in the Snack Bar making breakfast.



The kitchen crew hard at working preparing lunch.

Membership News



Chris, Brenda and Wanda hosting a First Aid Workshop via Zoom on a snowy day!

TABITHA'S CLOSET

If anyone is need of clothing for work or education please see the Career Development Unit. We have an ongoing partnership with Tabitha's Closet to help assist with this need.

Clubhouse Statistics

Average Daily Attendance: 44

Members in TE: 15

Members in SE: 8

Members in IE: 27

Members in Education: 27



Logan, Sirena and Perter attending Mental Health First Aid Training .



Mobile Reachout for our amazing members unable to attend.



Starting outside spring cleaning early!

Advisory Board

Jeremy Bouford - Admissions Counselor, UMA
Brandi Farrington - Administrator, Kennebec Behavioral Health
Joyce Gilbert - Peer Support Specialist, Crisis & Counseling
Roxanne Zwaga - Family Member
Kerry Caron - Legal Secretary, Office of Attorney General
Amy Kirkpatrick - Clubhouse Director
Valerie Hunt - Clubhouse Assistant Director
Jeannie Coltart - Advocate, Family Member
Christian Behr - Investigator, Kennebec County District Attorney's Office
Jeremiah Elwell - Veteran, MaineGeneral Medical Center
Kevin Bush - Peer Support Specialist, Kennebec Behavioral Health
Doug Jennings - Attorney, Walker & Jennings, PA
Rebekah Bridges - Business Relations Manager, Bangor Savings Bank
Brad Chase - Community Resource Officer, Augusta Police Department



Transitional Employment Partners



*Capitol Clubhouse is proud to be
Accredited by Clubhouse International!*



Clubhouse International
Creating Community: Changing the World of Mental Health